

# **FIRE TRAINING PROGRAM**

## **LESSON PLAN - 4**

**Program:** Firefighter I – Emergency Vehicle Incident Prevention

**Lesson Title:** Driving Conditions and Contingencies

**Number:** Lesson 4

### **LESSON OBJECTIVES**

Upon completion of this lesson, the student will be able to:

1. Describe a Driving Contingency.
2. List some specific driving habits to help avoid a driving contingency.
3. Describe a procedure for estimating vehicle following distances
4. Describe precautions to take when driving in the following conditions;
  - a. rain
  - b. ice/snow
  - c. wind
  - d. water over roadway
5. Name three different types of skids and how to regain control from them.
6. Describe two problems associated with night driving and two ways to improve visibility at night while driving.

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### **PERFORMANCE STANDARDS COVERED IN THIS LESSON**

2-1 (a)  
2-1 (h), (i)